

Group Interest Sign-up

The following support groups may be offered for the 2013/2014 school year during the school day. Support groups are for students who have similar concerns and choose to meet to discuss their concerns with the assistance of a counselor and/or prevention specialist. These groups are designed to be supportive in nature and not to provide therapy. These groups are strictly confidential. This means that whatever is said in the group stays within the group.

Please check any of the following groups that interest you by placing a 1 for your first choice, a 2 for your second choice, and a 3 for your third choice. If you are not interested in any of these groups please indicate by checking the appropriate line. PLEASE REMEMBER TO PUT YOUR NAME AND HOMEROOM AT THE BOTTOM OF THE FORM.

_____ **Conflict Resolution** - Students will learn appropriate ways of dealing with anger and stress.

_____ **Changing Families** - This group will examine issues that arise in families experiencing separation, divorce, remarriage and other family transitions.

_____ **Concerned Others Group** - for students concerned about a family member's alcohol and/or drug addiction problems, currently or recovering.

_____ **Concerned Others Too** - for students who are concerned about a family member who is incarcerated.

_____ **Bereavement Group** - for students experiencing the loss of a loved one.

_____ **Self-Esteem Group** - To help students feel better about themselves.

_____ **Community Out-reach/Kindness Club** - Meet with fellow students to discuss and implements acts of kindness in the North Brandywine community and beyond.

_____ **Study Skills/ Time Management Group** - Create a time management plan and learn effective study skills.

_____ I would like to talk to a member of the PRO-team regarding questions about a support group.

_____ I am not interested in any of the above support groups.

Name _____ **Advisory** _____ **Grade** _____