

Intro p2

Chapter 1: X-Rays Chapter 2: The Skeleton Chapter 3: Joints Chapter 4: Fractures Chapter 5: Spine Chapter 6: Surgical Techniques



Welcome! So you want to be a doctor? Start with the Introduction and learn how to navigate through the Radiology Reference Guide. Once you've passed the "Radiology Board Exam", it's time to meet your Patients! Go to the <u>Intro</u> now!

Credits:

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# Diagnostic Radiology Lab

# Introduction

Radiology Reference Guide P3

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The Diagnostic Radiology Lab allows YOU to be the doctor! You will examine your patient's X-Ray images, consult your Radiology Reference Guide, and make your diagnosis!

Before you can call yourself a doctor, however, you're going to need to go through a bit of "medical school" and pass the little ole "Radiology Board Exam". Don't worry, you can use your Radiology Reference Guide every step of the way. Ready to get started? Just follow the steps below:

Step 1: Click on the <u>Radiology Reference Guide</u> (page 3) in the menu at the top of the page and skim through the comprehensive 52 page guide. This will give you an idea of what is in there and how it is organized. When you are done, come back here and go to Step 2.

Step 2: Welcome back! Throughout the Diagnostic Radiology Lab you will find links (and page numbers) to help you locate the information you need when you need it. If you are ready, ask your teacher for a copy of the **Radiology Board Exam** or download it from this page. Use your Radiology Reference Guide to help you complete it. When your teacher is satisfied with the results, go to the next step.

Step 3: Congratulations, Doctor! Now that you have passed the Board Exam, you are ready to meet your patients. Pick up a Diagnostic Radiology Lab Answer Sheet from your teacher or download it from this page. Then click on the <u>"Patients"</u> tab (page 56) at the top of the page and start with Patient 1. Don't forget about the Radiology Reference Guide, you're going to need it. Good Luck!

Note: if you are <u>not</u> doing this lab on a computer, you can still take advantage of all of the links to clues by following the page numbers (found in the upper left corner). If you <u>are</u> doing the lab on a computer, use the menus and links throughout the lab to navigate. Also, click <u>here</u> (page 86) to see how to zoom in on the X-ray images using various devices.





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Chapter 1: X-rays 🔬

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Radiology Reference Guide - Chapter 1 What is an X-Ray?

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X-rays are a type of electromagnetic energy similar to visible light. Unlike visible light, however, X-rays are very high in energy, are invisible, and can penetrate through soft tissues like muscle, fat, etc. If a special film or a digital detector is placed behind the body part being filmed, the Xrays will be captured and will produce an image. When X-rays are used to produce images of objects such as the human body, they are called **Radiographs**. We often use the term "X-Ray" when referring to images but "Radiograph" is technically correct.

Radiographs are best known as a tool for identifying broken bones, but they are also useful in the diagnosis of pneumonia, lung cancer, intestinal obstructions, kidney stones, dental cavities and much more. X-ray film is clear before being exposed to x-rays. The x-ray radiation turns the film dark. The darkest areas are where most of the radiation hit the film. The whitest areas are where most of the x-rays were absorbed by the body and did not hit the film. Bones absorb x-rays so they show up as white areas on the film. Structures containing air will be black, while muscle, fat, and fluid will appear as shades of gray. Sometimes a special dye called a contrast is given to the patient to make soft tissues (blood vessels, nerves, intestines, etc.) show up better. The areas that absorb the contrast will appear white. Metal, such as surgical steel, will also appear white





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## Normal Chest X-Ray

Along with the bones of the upper body, this x-ray also shows structures of the lungs, heart, and stomach (outlined on x-ray). On a x-ray, these soft tissues can be difficult to identify. Study this image so you will recognize normal structures when you see them.



Next page (Chapter 2)



## Explanation:

Manubrium - the sternum or breastbone Superior vena Cava - blood vessel (returns blood to heart) R/L. Main Bronchus - carries air from windpipe to lungs Right Atrium - upper chamber of heart Inferior vena Cava - blood vessel (returns blood to heart) Diaphragm - muscle that controls breathing Aortic arch - blood vessel (sends blood to body) Pulmonary trunk - blood vessel (returns blood to lungs) Left Atrium - upper chamber of heart Trachea - windpipe (connects mouth to lungs) Lungs - collects the air we breath.

#### Notes:

- The ribs are actually outside of the lungs. They only appear to be inside the lungs because everything lies flat (in one plane) on an x-ray.
- 2. Normal lungs appear dark. Large gray to white areas could indicate fluid in the lungs (pneumonia, tumor).
- 3. The dark blotch in the stomach is a buildup of gastric juice, a normal part of digestion.
- 4. The heart's left ventricle lies to the left of the spine. Notice the patient's left side is on the right of the image. This is correct (think about it)!



# Chapter 2: The Skeletal System





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#### Your Skeleton:

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Your skeleton gives your body structure and support. It is made of living bone cells, living tissues, blood vessels, mineral deposits and water. Your skeleton also protects delicate organs, stores important minerals, and produces new blood cells. Your bones are connected to each other with ligaments and tendons and are moved with muscles. Places where bones meet are called joints and are cushioned by cartilage to protect the bone from wearing down. Most joints allow for various types of movement.

The 206 bones of the Human Skeletal System are divided into two main categories, the Axial Skeleton and the Appendicular Skeleton.





bone)

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## Radiology Reference Guide - Chapter 2

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Periosteum - protective covering over most

of the bone (except where cartilage covers the

Blood Vessels - provides

oxygen and nutrients to bones

## Bone Anatomy

Your bones are alive! They are made of living tissue that requires oxygen and nutrients to live and grow. Your bones give your body structure and support, protect delicate organs, store minerals and nutrients, and produce new red blood cells. When X-rays are used to diagnose broken bones or bone disease, the bone will show up as white or shades of gray depending upon the density of the bone. It is important to know where a healthy bone is more or less dense.

> Bone Marrow - a flexible tissue in the center of bones that

produces red blood cells

Compact Bone - three hard, strong layers

of honeycombed calcium through which blood

vessels and nerves run through



Spongy Bone - lighter and softer than compact bone. Contains red bone marrow which produces new red blood cells. Spongy bone is also the site of nutrient exchange

(artilage - a firm, rubbery tissue that cushions the bones and allows for smooth movement at joints

• Growth Plate - cartilage that reproduces rapidly allowing bones to grow in children. The cartilage eventually turns to bone.

Medullary (avity - a space in the center of the bone where bone marrow is stored.











(c) Saddle joint

(between trapezium carpal bone and 1st metacarpal bone) (between tarsal bones)

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## Radiology Reference Guide - Chapter 3

# Joints

Home

All of the bones in your body (except the Hyoid bone in your neck) connect with one another to form **Joints**. There are several different types of joints and they are classified based on the type of movement they allow. There are three main types of joints:

#### Fibrous Joints

Also call called Immovable or Fixed Joints, these do not allow any movement. The bones are joined by fibrous connective tissue.

Examples: Bones of the Skull, and Teeth

#### Cartilaginous Joints

Also called Slightly Moveable Joints, these joints allow for a limited degree of movement. The bones are joined by cartilage with some help from ligaments.

Examples: Bones of the Spine, Sacrum and Hip, Pubic Bones in Pelvis

#### Synovial Joints

Also called Moveable Joints, these joints allow for the greatest degree of movement. The bones are joined by ligaments and tendons which are connected to muscle. There are several types of Synovial Joints including Gliding, Saddle, Hinge, Pivot, Ball and Socket, and Ellipsoid. Examples: Hands, Feet, Elbow, Knee, Shoulder, Hip, Neck, Fingers, Toes, Rib Cage







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## Fibrous Joints (Immovable or Fixed Joints)

Also call called Immovable or Fixed Joints, these do not allow any movement. The bones are joined by fibrous connective tissue

Examples: Bones of the Skull, and Teeth









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Cartilaginous Joints (Slightly Moveable)

Cartilaginous Joints

Also called Slightly Moveable Joints, these joints allow for a limited degree of movement. The bones are joined by



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Hinge Joint

(fingers)

## Radiology Reference Guide - Chapter 3

## Synovial Joints (Moveable)

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#### Synovial Joints

Also called Moveable Joints, these joints allow for the greatest degree of movement. The bones are joined by ligaments and tendons which are connected to muscle. Synovial Joints contain articular cartilage and Synovial fluid to reduce friction allowing easier movement of bones. There are several types of Synovial Joints. Click on each link below for more details.

#### Types of Synovial Joints

Gliding Joints - an even, or slightly even, surface of the two bones glide along each other. This type of joint allows for mobility in one direction without any circular motion Examples: Hands (wrist), Feet (ankle), Ribs

Hinge Joints - a bone with a concave surface joins with a bone with a convex surface. Allow only back and forth motion like the hinge of a door. Examples: Knees, Elbows

Pivot Joints- allows the rotation of one bone around another Examples: Neck, Swivel motion of forearm (radius and ulna)

Ball and Socket Joints - A bone with a ball shape fits into a bone with a socket shape. Allows side to side, back and forth, and rotational movement.

Saddle Joints - a bone with a concave surface joins with a bone with a convex surface. Allows for a wide range of motion.

Ellipsoidal Joints (also know as Condyloid Joint) - the oval portion of a bone joins with the oval portion of another bone. Allows for angular motion without rotation. Examples: knuckles of Hands and Feet,

#### Radiology Reference Guide P3 Chapter 1: X-Rays Chapter 2: The Skeleton Chapter 3: Joints Chapter 4: Fractures Chapter 5: Spine Chapter 6: Surgical Techniques Gliding Joint Hinge Joint (Wrist) (Jaw) Saddle Joint Pivot Joint (Thumb) (Neck) Ball and Socket Joint Ellipsoid Joint (Shoulder) (Knuckles) Gliding Joint (Ribs) Hinge Joint (Elbow) Ball and Socket Joint (Hip) Gliding Joint (Ankle) Hinge Joint Ellipsoid Joint (Knee) ("knuckles") Next page (Gliding Joints)



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Types of Synovial Joints (Back to menu)

# Gliding Joint (Plane Joint)

Gliding Joints - an even, or slightly even, surface of the two bones glide along each other. This type of joint allows for mobility in one direction without any circular motion

Examples: Hands (wrist), Feet (ankle), Ribs

Clay icle

Manubrium

Gliding Joint where ribs attach to thoracic vertebrae

Gliding Joint where ribs attach to thoracic vertebrae

Gliding joints



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Types of Synovial Joints (Back to menu)

## Ellipsoidal Joints (Condyloid)

Ellipsoidal Joints (also know as Condyloid Joint) - the oval portion of a bone joins with the matching the oval shaped depression of another bone. Allows for side to side angular motion but does not allow for rotation. Examples: knuckles of Hands and Feet, Wrist bones (touching radius and ulna), and Ankle bones (touching tibia and fibula)

> Joints between metacarpal and phalanges (knuckles)



Joints between Carpal bones in contact with radius and ulna Joints between metatarsals and phalanges are Ellipsoidal

Note: the ankle is actually made of 3 different joints but the "true" ankle joint is a hinge joint



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# Fractures: General Classification

Although bones are very strong they sometimes break or **Fracture**. Fractures can occur from trauma such as from a fall or car accident (Traumatic Fractures), or they can occur from a disease that weakens the bone such as osteoporosis (Pathologic Fractures). Fractures can also be a result of bone weakness caused by an implant such as an artificial hip joint (Periprosthetic Fractures). Whatever the cause, fractures are classified by several general factors:

Open vs. Closed -Does the bone puncture through the skin?)

Displaced vs. Non-Displaced -Has the bone been moved from it's normal position (Displacement)?

Complete vs. Incomplete -Did the bone break partially or completely?



The next few pages will examine these general factors more closely







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## Displaced vs Non-Displaced - has the bone been moved from it's normal position?

Non-Displaced Fracture - the bone is still in it's normal position and will not need to be "set"













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Did the bone break all the way through?

## Complete vs Incomplete -Did the bone break partially or completely?

Incomplete Fracture - the bone is cracked or not completely broken. It is still partially joined together





Complete (Simple) Fracture - the bone is broken completely through. The parts are separated.









# Linear Fracture

The bone has broken along the length of bone (parallel to the long axis). Also called a Fissured or Longitudinal fracture.







## Transverse Fracture

The bone has broken across the width of the bone (at a right angle to the length of the bone).

a transverse fracture is broken across the width of the bone.





Note: this transverse fracture is also a displaced fracture because the bone has moved from it's normal position and will need to be "set" in place.



# Oblique Fracture

The bone has broken diagonally across the bone.

an oblique fracture is broken diagonally across the bone.





Note: this oblique fracture is also a displaced fracture because the bone has moved from it's normal position and will need to be "set" in place.

Next page (Spiral Fracture)



# Spiral Fracture

The bone has broken (or cracked) in circular pattern around the bone. This type of injury is caused by a twisting motion.





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Types of Fractures (Back to menu)

# Segmental Fracture

The bone has broken in two places in the same bone.

a segmental fracture is broken in two places in the same bone.





Note: this segmental fracture is also a displaced fracture because the bone fragment has moved from it's normal position and will need to be "set" in place.





## Comminuted Fracture

The bone has broken into several pieces or fragments.

a comminuted fracture is broken into several pieces or fragments





Note: this comminuted fracture is also a displaced fracture because the bones have moved from their original position and will need to be "set" in place.

Next page (Impacted Fracture)



# Impacted Fracture

The bone has broken into fragments that have been driven into one another.

Note: this impacted fracture is also a displaced fracture because the bone has moved from it's original position and will need to be "set" in place. In elderly patients, a hip replacement would be recommended.





an impacted fracture has bone fragments driven into one another. Here the head of the femur is the site of the fracture.




# Avulsion Fracture

A piece of bone has broken and separated from the main body of the bone. Usually it is attached to a ligament or tendon.





# Hairline / Stress Fracture

The bone is cracked in a thin line that is often difficult to see on an X-ray. If the fracture occurred gradually over time it is called a Stress fracture.

a hairline fracture can be difficult to see on an X-ray. Sometimes it is not visible until after it has healed.









# Compression Fracture

The bone is compressed out of shape. It may be squeezed out of shape or broken into fragments.







# Greenstick Fracture

A Greenstick fracture is common in children with soft, bendable bones. The bone breaks and splinters on one side but not the other. The bone is usually visibly bent (the appearance is similar to that of a soft tree branch that has been bent and splintered).





# Torus (Buckle) Fracture

Also common in children. a Torus or Buckle fracture forms when one side of the bone bends causing a bulge or "buckle" to form on one or both sides of the bone.

Often times, when you stick out your arm to break your fall, the fall isn't the only thing that get's broken!!





a torus fracture is also a an incomplete fracture because it is not broken all of the way through.





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# Chapter 5: Spine and Joint Conditions

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Dislocations and Subluxations can occur in

any joint (not just the spine)

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# Radiology Reference Guide - Chapter 5 Dislocation

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A Dislocation occurs at a joint when two or more bones are moved out of their normal position. Usually, a sudden force from a blow or a fall is required for a joint to become dislocated. Some people, however, have a condition in which one or more joints will become easily dislocated. Often, surgery to shorten the ligaments (connect bone to bone) and/or tendons (connect muscle to bone) will make the joint more stable.

X-rays are usually taken to better understand the extent of the damage and to determine the treatment. Sometimes there is damage to ligaments, tendons, muscles or even the bones (fractures). When the bones are manipulated back into position, the dislocation is said to be "reduced".



Although any joint can be dislocated, the most common dislocation is to the shoulder followed by the knees, elbows, wrists, fingers, hips, and ankles.















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# Subluxation

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A **Subluxation** is a partial or incomplete dislocation of a joint. A Medical Subluxation refers to more serious structural displacements whereas a Chiropractic Subluxation refers to less serious displacements of the spinal vertebrae. Usually a subluxation requires manipulation to reposition the bones but in more serious cases, surgery is needed.



a spinal subluxation exists when the normal joint is slightly out of place. Here the facets of the vertebrae of the lumbar spine are not properly aligned.







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### Radiology Reference Guide - Chapter 5 Intervertebral Discs

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Except for the first cervical vertebra (the atlas) there is an Intervertebral Disc located between each pair of vertebrae. All together, there are 23 discs in the human spine: 6 in the neck (cervical), 12 in the middle back (thoracic), and 5 in the lower back (lumbar). The discs act as shock absorbers and allow for slight independent movement of the spinal column. Each disc is made of an outer ring of cartilage and a gel-like center (nucleus pulposus). Normal X-rays will not show the discs but will show the disc space. Special X-rays called use a dye to make the disc visible. MR.I (Magnetic Resonance) scans are the best way to see discs.

## Bulging Disc

A **Bulging Disc** occurs when the outer cartilage ring (annulus fibrosis) of a disc is slightly flattened and a small bubble has squeezed out beyond the vertebra and into the spinal canal (see diagram above). The bulging disk may eventually rupture or herniate.

## Herniated or Ruptured Disc

A Herniated or Ruptured Disc occurs when the outer ring of the disc breaks open and the inner gel-like center squeezes out into the spinal canal. This is a more serious condition than a bulging disc and will often result in severe pain. Treatment ranges from rest, to physical therapy, medication, or even surgery.

# Thinning Disc

A **Thinning Disc** occurs with age as water and protein is lost from the disc. An X-ray will identify the reduced disc space between vertebrae.

#### Degenerative Disc

A **Degenerative Disc** occurs as discs continue to thin and bone spurs form on the vertebral body. These bone spurs (osteophytes) can put pressure on the spinal nerves causing pain. Surgery is an option.



ALL

Vertebral body Spinal Canal Disc

Outer cartilage ring (Annulus fibrosis) Gel -Like center (Nucleus pulposus)

Bulging Disc

Herniated Disc

Degenerative Discs

Thinning Disc

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# Radiology Reference Guide - Chapter 5

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#### Spondylolysis (spon-dee-LOW-lye-sis)

A **Spondylolysis** occurs when the bones that connect two vertebra (pars interarticularis) break or fracture. The vertebra are no longer stable and are at risk of shifting out of place. This usually occurs at the 5th lumbar vertebra and may be a result of stress caused by overuse or it may be due to a hereditary weakness of the bone.

fracture of pars interarticularis



Spondylolysis



2nd degree spondylolisthesis (MRI image)

#### Spondylolisthesis (spon-dee-LOW-lis-thee-sis)

A **Spondylolisthesis** occurs when a spondylolysis weakens the bone so much that it is unable to maintain its proper position. The vertebra above the fracture will slip forward and often put pressure on spinal nerves causing pain. A spondylolisthesis is described according to the amount or degree of slippage. It is usually repaired with Spinal Fusion surgery.



1st degree spondylolisthesis



2nd degree spondylolisthesis

forward slippage of vertebrae



spinal fusion repair



\_\_\_\_\_

Spondylolisthesis





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#### Scoliosis (sko-lee-O-sis)

**Scoliosis** is an abnormal sideways curve of the spine. When viewed from the side a normal spine has an s-shaped curve but it is straight when viewed from the behind. With scoliosis, the spine is abnormally curved laterally (sideways) when viewed from behind. Scoliosis can be congenital (from birth) but most cases develop during childhood. Scoliosis can also develop later in life as the bones in the joints degenerate. Scoliosis can me minor to severe depending on the degree and complexity of the curvature. Treatment ranges from observation in mild cases to wearing a back brace to surgery in the most severe cases.





Scoliosis (befor surgery)



After surgery

abnormal sideways curve of the spine

(back view)

Scoliosis





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# Radiology Reference Guide

With simple closed fractures, doctors can often set (reduce) the bone into position without surgery. A cast is then applied to keep the bones in position while they heal. In more serious injuries, however, surgery is required. There are two main categories of surgery

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The good news..

Non-surgical

cast



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# External Fixation



External Fixation refers to the use of hardware that fits outside of the skin. Metal pins or screws are first placed into the bone and then connected to a metal bar or ring (external fixator) that attaches to the outside of the skin. The external hardware will stabilize the bone until it heals. This hardware will later be removed. Some external fixation is very complex allowing doctors to adjust the length of a bone as it heals. This is often used where a comminuted fracture has so badly damaged a bone that new bone needs to grow to fill in the space. Sometimes followup surgery is needed after the external fixation hardware is removed.



Ilizarov apparatus







External Fixation w/pinnings

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# Open Reduction and Internal Fixation

Sometimes broken bones require the attachment of special hardware underneath the skin.(directly to the bone). Open Reduction refers to surgically setting (reducing) the bones back in place while Internal Fixation refers to the use of hardware attached directly to the bone (under the skin). There are a variety of hardware options depending upon the specific type and seriousness of the injury. Click on each below for more detail.

### Types of Internal Fixation Hardware:

#### Pins

Pins or K-wires that are placed into the bone and extend outside of the skin.

#### Plates and Screws

Dynamic Compression plates are placed across a fracture and screwed to each side of the bone.

#### Rods and Nails

Intermedullary Rods and Nails are placed into the soft center of long bones. Nails are stronger than Rods and are usually attached with interlocking screws for greater strength.

#### Dynamic Hip Screw

Dynamic Hip Screws attach the femur to the broken neck (ball shaped end that fits into the pelvis).

#### Spinal Fusion Rod and Screws

Spinal fusion surgery is used to temporarily stabilize vertebrae of the spine to give bone from a bone graft time to heal.



Click on each for

more details!



A Broken Broken Hip This patient fell and broke her hip. Six months later she fell again and broke the Dynamic Hip Screw from the first repair!



# Pins

Pins or K-wires that are placed into the bone and extend outside of the skin. After 4-6 weeks, these pins are easily removed at the doctor's office.



before surgery



Right Ulna Repair after surgery



Metacarpal repair (Boxer's Fracture)

Next page (Plates and Screws)



The doctor just pulls the pins out in his office ... it

doesn't hurt a bit!

portion of pin outside the ski (used to remove pin)



## Plates and Screws

Dynamic Compression plates are placed across a fracture and screwed to each side of the bone. Once the bone has healed the hardware is no longer needed. Usually, however, the hardware is not removed unless there is discomfort, restrictions to movement, or the hardware affects bone growth in the case of a child or young adult. The decision to remove hardware is made on a case by case basis.





### Radius and Ulna repair



Removing this stuff requires another surgery. Let's just leave it in unless it causes problems. Besides, it's fun to set off the alarms at the airport!!



The Patients p56

## Radiology Reference Guide P3

#### Chapter 1: X-Rays Chapter 2: The Skeleton Chapter 3: Joints Chapter 4: Fractures Chapter 5: Spine Chapter 6: Surgical Techniques

I should have just stayed off of that ladder!

### Radiology Reference Guide - Chapter 6

Intro P2

Types of Internal Fixation Hardware (Back to menu)

# Rods and Mails

Intermedullary Rods and Nails are placed into the soft center of long bones. Nails are stronger than Rods and are usually attached with interlocking screws for greater strength. Rods are softer and more bendable than nails and are used when it is important to mold the rod to the shape of the bone. Some rods and nails are designed to be removed while others may stay in.









Tibia and Fibula repair with Rods





# Spinal Fusion Rod and Screws

Spinal fusion surgery is used to temporarily stabilize vertebrae of the spine to give bone from a bone graft time to heal. Once the bone is throughly healed the hardware is no longer needed. Most of the time, however, the hardware is left in place. A spinal fusion is commonly used to repair vertebrae of the lumbar (lower back) and cervical (neck) spine but can be used on any vertebrae. Fractures of the spine, spondylolisthesis, and degenerative disk disease, are sometimes treated with spinal fusion surgery.



Lumbar Spinal Fusion



Spinal Fusion Rods and Screws

> You're not drilling into mell

> > Spinal Fusion screws and rods



Next page (The Patients)

#### The Patients p56

## Radiology Reference Guide P3

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he Patients:

Intro P2

The doctor who specializes in reading x-rays and other imaging media is called a Radiologist. For the next few days YOU will be the radiologist. You will be reading x-rays and consulting your Radiology Reference Guide. You will be responsible for making the diagnosis that determines the treatment of your patients. Click on the links below to visit each patient. Good luck!



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Patient 1 p57



Patient 2 p58



Patient 3 p59



Patient 4 p60



Patient 5 p61







Patient 6A p62 Patient 6B p63 Patient 7 p64



Patient 8 p65



Patient 9 p66

Patient 17 p74







Patient 18A p75





Patient 11 p68



Patient 12 p69





Patient 13 p70





Patient 14 p71 Patient 15 p72



Patient 16 p73



Patient 23 p81











Patient 26 p84



Patient 19 p77 Patient 20 p78



Patient 21 p79



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Patient 22 p80







Patient 1

#### The Patients p56

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Remember, You can click me for a hint!! (Page7)

The bones of the spine are identified by number. This x-ray shows the vertebrae of the lumbar spine (lower back). Notice how they are labeled L1 to L5.

1. Which vertebra is closest to the sacrum? (give the letter and number)

2. Which vertebra seems to be out of alignment from the others?

- What is the name of the bone labeled "A"? Ilium / Ischium / Sacrum / Goccyx (pick one)
- 4. What is the name of the bone labeled "C"?
- 5. What type of joint is labeled "B"?



6. Look at the area where the arrow (D) is pointing. Is this a fracture (broken bone) or is it normal?

7. What fills the space between between these bones (from question 6)? Cartilage /Muscle / Ligament / Tendon (pick one)









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# Patient 2

Intro P2

Your patient has been complaining of headaches and a stiff neck. After examining this x-ray you are confident you have discovered the problem..

- 8. The line drawn on the x-ray indicates the spine is not properly lined up. The patient is suffering from ...
  - a linear fracture
    - a subluxation

- a dislocation

- scoliosis



- 9 At which two vertebrae does the twist (misalignment) occur? (choose)
   C7 and T1 T1 and T2
  - T2 and T3 T4 and T5
- 10. What is the name of the bone marked "A"?



11. What is the name of the bone marked "B"?

- 12. What treatment would you recommend for this patient? -adjust the spine (manipulation)
  - -surgery
  - -amputation (remember, this is a neck problem)





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Intro p2

Patient 3

# Radiology Reference Guide P3

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Leonard Karpofolitz was riding his horse when a mutant killer skunk jumped out of the brush causing the horse to rear. Leo fell off of the horse and landed on his left shoulder.

- 13. The large blue arrow points to a fracture. Which bone is broken?
- 14. Which best describes this type of fracture? non-displaced / linear / displaced / greenstick (a Hint
- 15. Notice the right side of the X-ray is labelled "Left". Do you think this is correct or do you think the Xray is labelled incorrectly? Explain. a Hint!
- 16. The letter "A" shows the normal space where cartilage is found in the shoulder joint. How is the other shoulder (letter "B") different?

#### 17. Whats wrong with the left shoulder?

- -it is dislocated
- -compression fracture of the humerus
- -it is subluxated but will move back to a normal position once the broken bone is set.







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# Patient 4

Polly Perkowitz took a tumble off the uneven parallel bars but like any good gymnast she landed on her feet. She landed while her body was still twisting, however, and suffered a rather unusual fracture to her left leg

18. Identify the bones

a.

b



19. The arrows point to the fracture (almost missed it didn't you)? What is the name of the broken bone?

С

The thin fracture circles around the bone 20 What type of fracture is it? avulsion / impacted / hairline spiral / open oblique



21. This fracture will require

-a cast but no surgery -open reduction with pins



d

-open reduction with plates and screws







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# Patient 5

Intro P2

X-rays are not only for bones. Doctors can find out about soft tissues as well by injecting a **contrast** or dye into the area to be examined. The dye shows up as white areas on the film.

22. Letter "A" shows the location of the kidneys, organs which clean the waste from the blood. Is there any dye in the kidneys?

23. Letter "B" shows the ureters, tubes which lead from the kidneys to the urinary bladder. Is there any dye in the ureters?

24. Letter "C" shows the urinary bladder which stores urine. Is there any dye in the bladder?

25. If there were a problem in the Urinary System there would be obstructions and the dye would not go through the system. Do you see any obstructions?

26. Your diagnosis, doctor? (choose one) -normal urinary system -obstructed urinary system







#### Chapter 1: X-Rays Chapter 2: The Skeleton Chapter 3: Joints Chapter 4: Fractures Chapter 5: Spine Chapter 6: Surgival Techniques

Patient 6A (Before Surgery)

After sticking his arm in a closing elevator door, Miles Giles required 3 1/2 hours of orthopedic surgery to repair the damage. This film shows the in jury before surgery. The next page (patient 6B) shows Miles after surgery.

- 27. What is the name of the bone that has broken?
- 28. Which of these best describes this injury?
  - a non-displaced oblique fracture
  - a non-displaced comminuted fracture
  - a displaced transverse fracture
  - a displaced segmental fracture



29. What type of joint is at "A"?

Intro P2

fibrous cartilaginous synovial

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30. What type of joint is at "C"?

gliding / hinge / pivot / ball and socket / saddle / ellipsoidal

31. What type of movement is allowed by joint "C"?

side to side and angular but no rotational motion side to side, back and forth, and rotational motion only back and forth motion









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# OH! My aching back!!

This type of x-ray is called a Myelogram (mile-O-gram). It shows the condition of the spinal cord. The spinal cord appears white due to an injection of dye. This patient has a ruptured disk which is applying pressure to the spinal cord.

37. Between which two vertebrae is the bulging disk located?

Patient 7



- This patient is suffering pain in the \_\_\_\_\_ (pick one)
  - -upper back -lower back -neck -foot
- 39. What type of joint is found in the spine? Fibrous / Cartilaginous / Synovial









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# Patient 8

Yolanda Flugelhoffer, premier elephant trainer for the Barnum and Bailey Circus, suffered this injury when her newest elephant confused the command "Go Forward" with "Sit Down". The flight for life helicopter removed the elephant and Yolanda was taken to the nearest hospital by ambulance.

40. What is the name of the bone that has been broken?

41. Is this fracture Displaced or Non-displaced?



42. What type of joint is at letter "A"? Gliding / Hinge / Pivot / Ball and Socket / Saddle



- 43. What type of treatment do you think will be required to fix Ms. Flugelhoffer? (pick one)
  - -a simple plaster cast
  - -simple surgery to set the bone
  - -open reduction and internal fixation
  - -a new job training toy poodles







Home

# Patient 9

Intro p2

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The arm bone's disconnected to the shoulder bone ...

44. Bone "A" is the

45. Bone "B" is the

46. Bone "A" fits into bone "B" but it has popped out of its socket. What is this type of injury called? a Hint



47. This type of joint is known as a Gliding / Hinge / Pivot / Ball and Socket / Saddle

48. Are there any other injuries on this xray? If yes, describe



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# Patient 10

Intro P2

This small child decided she didn't trust the local banks so she deposited her nickel in a "safer place".

49. According to the x-ray, the nickel is lodged somewhere

in the -head -neck

- -chest
- -stomach
- -all of the above

#### 50. Name the bones:





-pull it out through the mouth with instruments

-remove from the neck with surgery

-allow it to pass into the digestive system and out of the body







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Yummy, yummy, yummy l've got money in my tummy"...

This small child swallowed a coin and it slid all the way down to his stomach!

52. Which arrow points to the coin? Arrow A Arrow D

Intro P2

Patient 11

Arrow B Arrow C

Arrow E

53. What is the name of the organ labeled "F"?

liver / lung / heart / stomach / intestine



54. The dark spots labelled "G" are most likely

fluid bubbles (gastric juice) / kidney stones / partially digested coins/ dollar bills

55. How do you think this coin was removed?

-pulled out through the mouth with instruments

- -removed from the stomach with surgery
- -allowed to pass through the digestive system to be "found" at a later date







Patient 12

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This is an x-ray of a fractured ankle that has been repaired with surgery.

56. Name the bones:



57. What has been used to hold the bones together? wires/steel plate/pins/screws/rods



58. After the bone has healed, this hardware will most likely

- be removed in the doctor's office
- be removed with followup surgery
- remain in place for the rest of the patient's life
- dissolve







#### Chapter 1: X-Rays Chapter 2: The Skeleton Chapter 3: Joints Chapter 4: Fractures Chapter 5: Spine Chapter 6: Surgical Techniques

This is an x-ray of a hip joint after surgery.

- 59.. What is the name of the bone labeled "A"?
- 60. The pelvis is divided into several bones. The bone labeled "B" is the
  - -ilium -coccyx -ischium -pubic symphysis -sacrum

Intro P2

Patient 13



61. The "hardware" used to repair the bone is a compression plate / spinal fusion rod / dynamic hip screw



- 62. The hip joint is a synovial joint that allows
  - side to side and angular motion but not rotational
  - side to side, back and forth, and rotational motion
  - only rotational (rotary) motion
  - only back and forth motion



63. What portion of this ball and socket joint was repaired?

- the ball
- the socket







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The ELECTRONIC MAN?

Intro P2

Patient 14

This patient has a problem with an irregular heart beat. A battery operated pacemaker has been implanted under his skin to help regulate his heart.

- 64. The pacemaker has wires that lead to the patient's heart / lungs / rib cage / brain
- 65. The pacemaker is located under the skin on the patient's right/left \_\_\_\_\_\_ side.
  (notice the word "LEFT" appears backwards. This film has been flipped on the light board and is being viewed from the wrong side)



- 66. The pacemaker sends a mild electrical signal to the heart to keep it in rhythm. What do you suppose doctors do before the batteries run down?
- 67. How could you describe the pacemaker? (what does it look like)







Chapter 1: X-Rays Chapter 2: The Skeleton Chapter 3: Joints Chapter 4: Fractures Chapter 5: Spine Chapter 6: Surgical Techniques

Patient 15 This patient's car slid off an icy road and crashed into a barn full of Holiday turkeys. When the feathers settled she was taken to the hospital complaining of soreness in her chest. As Chief Radiologist, it is your responsibility to diagnose her condition.

You begin by looking for broken bones:

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68. Are the clavicles broken (marked letter A)?69. Are any ribs broken (marked letter B)?70. Is either shoulder (marked letter C) dislocated?

The patient came in with a neck brace as a precaution.

# 71. Does this x-ray show any evidence of a broken neck?

Now it's time to make a decision. Sending an injured person home will put your malpractice insurance premium through the roof.

#### 72. What is your diagnosis, doctor? (pick one or write your own)

-multiple broken bones, keep in hospital -no broken bones but suspicious spots on the lungs (possibly inhaled turkey feathers), keep in hospital -perfectly normal, send home but no poultry for a week

Hint: Come to think of it, maybe you should write your own ... these choices don't seem very likely.






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# Patient 16

Intro P2

Several hours before this x-ray was taken, the patient was instructed to drink a Barium solution. Barium absorbs x-rays causing the intestines to appear white. If there is no blockage, the intestine will appear white throughout. If there is a blockage, the intestine will appear light in some areas and dark in others.

73. Are there any blockages in the intestine? yes / no

Indicate whether each area of the intestine is blocked or not blocked.

74. Area marked "A"?	blocked / not blocked
75. Area marked "B"?	blocked / not blocked
76. Area marked "C"?	blocked / not blocked
77. Area marked "D"?	blocked / not blocked
78. Area marked "E"?	blocked / not blocked

79. Most of the vertebrae shown in this X-ray are

- cervical (neck)
- thoracic (chest)
- lumbar (lower back)







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This x-ray of the cervical spine clearly shows some interesting parts of anatomy. See if you can identify them...

Patient 17



Atlas	a. arrow A
Axis	b. arrow B
Hyoid bone	c. arrow C
Spinous process	d. arrow D
Tooth root	e. vertebra C1
Fillings in teeth	f. vertebra C2

85. Fillings in teeth

80

81

82

83

84







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Patient 18A (Before Surgery)

While up on a ladder painting his house, Bruce Miller decided to reach out an inch too far resulting in a nasty fall. Bruce landed on his left outstretched arm. The next page (Patient 18B) shows Bruce after surgery.

86. From the X-ray you can determine that Bruce suffered

a fractured radius and a dislocated ulna a fractured ulna and a dislocated radius

a fractured radius and ulna a dislocated radius and ulna



87. The best description of this fracture is

a complete, segmental fracture a displaced, oblique fracture a non-displaced, oblique fracture an incomplete, greenstick fracture









- Dynamic Compression Plate to repair the fractured radius. Yes / No 92
- Intermedullary Rods to repair the fractured radius. Yes / No 93
- 94. External Fixation hardware to stabilize the bone. Yes / No









clueless as to how to get it out!

- 95. This accident occurred during the \_\_\_\_\_ annual glass blowing competition.
- 96. The pen belonged to the
- 97. In the event that the explanation given above is incorrect, how else could you explain this X-ray?







While fishing off the coast of Goteborg, Sweden, fisherman Yoloff Svenson reeled in this 42 pound whopper. His prize catch, however, was disqualified by the Guinness Book of World Records when it was discovered that the "fish" was actually Yoloff's grandson. The lad was snagged while playing underwater. The boy has a sore toe but is otherwise doing well. Yoloff was awarded the consolation prize, a new pair of glasses!

98. According to the X-ray, what seems to be the boy's problem?

99. Did the fish hook puncture any bone?

100. Notice spaces between the bones of the foot as shown by the arrows. Which statement best explains this.

- a) subluxations as a result of being pulled out of the water.
- b) the bones are fractured
- c) the spaces are filled with cartilage which is normal for a small child









### Chapter 1: X-Rays Chapter 2: The Skeleton Chapter 3: Joints Chapter 4: Fractures Chapter 5: Spine Chapter 6: Surgical Techniques

Patient 21

The nurse dropped off this X-ray without any explanation. Let's see what we can determine from examining it closely.

### 101. We are looking at

a right hand a left foot a left hand a rib cage

- 102. What is the name of bone A?
- 103. What is the name of bone B?
- 104. What type of joint is at C?
- 105. Is the patient a man or a woman?
- 106. How could you tell?









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PATIENT

Zoom for deta

# A "Humerus" Story

Intro p2

Nothing funny here! When falling out of a tree, little Lenny Crawford stuck out his arm to break his fall. Unfortunately, the fall is not all that was broken.

107. What is the name of the bone that has broken?

108. This fracture can best be described as a displaced Torus (Buckle) fracture a compression fracture an Avulsion fracture a Comminuted fracture

109. The most likely course of action to repair Lenny would be open reduction and internal fixation with a dynamic hip screw open reduction and internal fixation with plates, screws, and pins open reduction to set the bone and apply a cast (no hardware) closed reduction (set bone without surgery) and apply a cast





a Hint

### Chapter 1: X-Rays Chapter 2: The Skeleton Chapter 3: Joints Chapter 4: Fractures Chapter 5: Spine Chapter 6: Surgical Techniques

## Patient 23 YOU'RE THE DOCTOR!

Intro P2

Your patient limps into the emergency room and faints before he can tell you where it hurts. This film is of his right ankle.

The Patients p56

What do you see in this X-ray?

- 110. A fractured Fibula. Yes / No
- 111. A fractured Tibia. Yes / No
- 112. A dislocated ankle joint. Yes / No

113. An avulsion fracture of the Calcaneus. Yes / No

114. Which arrow points to the fracture? A / B / C / D

- 115. What is the best description for this fracture? a transverse fracture an oblique fracture a linear fracture a segmental fracture
- 116. Now put it all together ... write your diagnosis as completely as you can.







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### Followup visit:

Intro P2

Patient 24

One of your patients returns for a followup visit 12 days after you repaired the injury. You just took this X-ray a few minutes ago.

- 117. First of all, what are we looking at? a foot / an ankle / a wrist / a knee
- 118. Which if these best describes the injury? an oblique fracture of the tibia a spiral fracture of the fibula a complete fracture of the radius a fracture of the ulna
  - a Hint! P 24

### 119. Which best describes your treatment?

external fixation internal fixation with rods and nails open reduction and internal fixation with K-wires closed reduction (set bone without surgery) and applied a cast

120. How is our patient doing?

the bone is not properly lined up, surgery is needed everything looks good, he should be good as new in about 6 weeks.

121. What is this patient wearing (see arrow A)? alligator skin boots / pants legs with zippers / a cast







### Chapter 1: X-Rays Chapter 2: The Skeleton Chapter 3: Joints Chapter 4: Fractures Chapter 5: Spine Chapter 6: Surgical Techniques

Patient 25

"JUST A COOL DUDE IN A LOOSE MOOD!" This is not exactly Chester Cheetah but it is a member of the same family. This domestic feline posed for the x-ray camera long enough to get this picture.

Compare the spine of the cat with that of a human. Fill in the <u>number</u> of each type of vertebrae.



Cat

#### <u>Human</u>

5

122. Gervical 7 123. Thoracic 12

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- 124. Lumbar
- 125. How is the cat spine different from a human?

Name these bones of the cat skeleton (the names are similar to those of a human).

126. Bone A? 127. Bone B? 128. Bone C? 129. Bone D?

- 130. Bone E? 131 Bone F?
- IST. DONE F (
- 132. Bone G?









### The Patients p56

# Patient 26 THE MIRACLE OF LIFE!



This is a fascinating picture of a baby just minutes before being born. It is such a neat x-ray I will not ruin it with any silly stories. The more carefully you study it the more you will see and appreciate!

First let's identify some things so we know what we're looking at:

- 133. Part labelled A? mother's pelvis / baby's pelvis / baby's shoulders
- 134. Part labelled B? baby's head / baby's pelvis / mother's hip (femur)
- 135. Part labelled C? mother's pelvis / baby's pelvis / baby's head
  136. Part labelled D?
  137. Part labelled E?

138. Normally X-rays are not taken during child birth so there must be a problem. Look at the area shown by the big white arrow and give your diagnosis (what is the problem)?



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Next Page: Patient Information Survey (just for fun)

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Patient Information	hapter 2: The Skeleton Chapter 3: Joints Chapter 4: Fractures Chapter 5: Spine Chapter 6: Surgical Technique Survey (just for fun)
Match the following: (some answers are used more than once)	How well do you know your Patients?
Horse was attacked by a killer skunk.	a) Leonard Karpofolitz
Elephant sat on her leg.	b) Arnold Schwartzensniffler
Inhaled judge's pen.	c) Miles Giles
Tumbled off uneven parallel bars.	d) Yoloff Svenson
Stuck arm into elevator door.	e) Polly Perkowitz
Caught by the big toe with a fishing hook.	f) Lenny Crawford
Fell from tree and stuck out arm to break fall.	g) Yolanda Flugelhoffer
Won consolation prize a new pair of glasses.	h) Yoloff's grandson
Broke his collar bone.	Myolorr's Tours
Suffered a spiral fracture.	a Hint!

"Well, first the bad news you're definitely hooked."

- \_\_\_\_ World's most astonishing medical mishap.
  - \_ Suffered a badly broken femur.
  - Broke his humerus but is not laughing.

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