

A GUIDE FOR SECONDARY LEVEL SCHOOL HEALTH SERVICES

These are the health services that are required for, and available to, your child while attending middle and high school in the Coatesville Area School District.

IMMUNIZATIONS should be kept up to date. Students will be **EXCLUDED** for incomplete immunizations. The Chester County Health Department is available to give immunizations to anyone and is free for uninsured students.

A vaccine for Meningitis (MCV/Meningococcal) and a Tdap vaccine is required after the age of 11, prior to entering **grade 7**.

A vaccine for Meningitis (MCV/Meningococcal) is required after the age of 16, prior to entering **grade 12**.

MANDATED PHYSICALS are required in the 6th grade, 11th grade, and for students moving into the District from out-of-state or with incomplete records. You are encouraged to see your family doctor for this exam. A Physical Examination Form is available from the School Nurse, on the CASD website (under Parent Resources), or you can submit your provider's standard form or print-out. A school exam can be done by the School Nurse Practitioner/School Physician with written permission as noted on your student's completed Emergency Procedure Form. You may be present if you desire. If concerns are noted, you will be notified. **Private physicals for school can be dated from Sept 1 of the previous school year. Documentation of the required physicals is due by January 1 of the school year in which they are requested.**

SPORTS PHYSICALS are required for 7th through 12th graders who sign up for a specific sport before try-outs begin. A student needs a new full physical prior to the initial sport season each year with a completed **PIAA** packet (available on the CASD website and in the Athletic Office). **Sports physicals MUST be completed after June 1, but prior to the season. These sports physicals are valid for all sports played during the school year.** *After the initial physical, a re-evaluation may be necessary if the student had a significant illness or injury.* Sports physicals are also available through the school. Sports physicals will satisfy the requirements for the mandated physical for 11th grade, but must specifically certify that a student is able to participate in the indicated sport(s). **PLEASE MAKE SURE THAT THE SCHOOL NURSE GETS A COPY OF A PRIVATE SPORTS PHYSICAL DONE BY YOUR FAMILY DOCTOR.**

DENTAL EXAMS are required for 7th grade. It is encouraged that to have this exam done by your family dentist. A school dental screening may also be done by the School Dentist with written permission as noted on the student's Emergency Procedure Form. A Private Dental Form is available from the School Nurse or on the CASD website (under Parent Resources). If a more thorough cleaning, exam, or restoration is needed, Mobile Dentists is another available resource. *Mobile Dentists' information and registration form is available online at www.mobiledentists.com*

HEIGHT AND WEIGHT will be measured every year. Body Mass Index (BMI) will be calculated. A report will be sent home per State mandate.

VISION SCREENING will be done every year. Any indication of vision difficulty will be reported to the parent/guardian as soon as possible. **Please return** the completed referral form to the School Nurse.

HEARING SCREENING will be done in 7th and 11th grade, and upon request. Any student who has does not pass the hearing screening will receive a referral to a physician/hearing specialist. **Please return** the completed referral form to the School Nurse.

SCOLIOSIS SCREENING will be done at school in 6th and 7th grades if not done with a physical.

MEDICATION All prescription AND over the counter (OTC) medication to be taken at school **MUST** be in the original bottle and accompanied by a signed letter of permission from the parent/guardian AND physician. This letter should have the amount of medicine to be taken, times the medicine is to be taken, condition for which the medicine is given, and possible side effects of the medicine. *Medication Policy/Permission Form is available on this website.*

PLEASE NOTE: When sending medication into school, 2 times per day means every 12 hours, 3 times a day means every 8 hours, and 4 times a day means every 6 hours unless your doctor prescribes otherwise.

The following medications are approved by the School Physician and may be sent into school with a note from the parent/guardian: Allergy Eye Drops, Robitussin, Cough Drops, Lactaid, Naproxen (Aleve), Nasal Decongestant, Pamprin/Midol, and Saline Nasal Spray

WE KINDLY REQUEST THAT ROUTINE CARE OF PIERCINGS AND TATTOOS BE DONE AT HOME

**ALL MEDICATION MUST BE KEPT IN THE SCHOOL NURSES'S OFFICE
ANNUAL UPDATES FROM THE DOCTOR ARE REQUIRED FOR ALL PRESCRIPTION
MEDICINE**

ILLNESS The following are some symptoms which may mean that your child is ill. Your child should remain at home when he/she has:

Fever over 100 degrees, chills, persistent cough or shortness of breath, vomiting, diarrhea, unusual skin rash, severe sore throat, enlarged glands, abdominal pain, or inflamed eyes/eye discharge

A child should remain home at least 24 hours without a fever (without the use of fever-reducing medication) and/or vomiting following an illness.

By following these guidelines, you will protect not only the health of your child, but the health of his/her classmates.

Note that your child will not be able to attend school if he/she is suffering from untreated pink eye, impetigo, ringworm, scabies, unusual skin rash, severe sore throat, or fever over 100 degrees.

EMERGENCY PROCEDURE FORM (on website): Emergency Information Forms **MUST** be completed each school year and signed by the parent/guardian. This updated information is important to have in case of an emergency to provide care to the student quickly and safely. **Medication will not be dispensed without this information on file.**

EARLY RELEASE FROM SCHOOL DUE TO ILLNESS Students who need to be sent home will only be released to persons listed on the current Emergency Procedure Form. School Policy states that students will only be released for medical reasons through the School Nurse. Students need to be signed out through the Attendance Office.

Students are not to call/text for early dismissal without the knowledge and consent of the School Nurse.

ANNUAL UPDATES FROM A PHYSICIAN ARE REQUIRED FOR ALL HEALTH CONDITIONS WHICH MAY AFFECT A STUDENT'S EDUCATIONAL PROGRAM OR ATTENDANCE.